

Organization

Doctoral Program of the Center
»History of Knowledge«

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Figure (cover page): Andreas Vesalius, *De humani corporis fabrica* (1543), p. 332 (public domain).

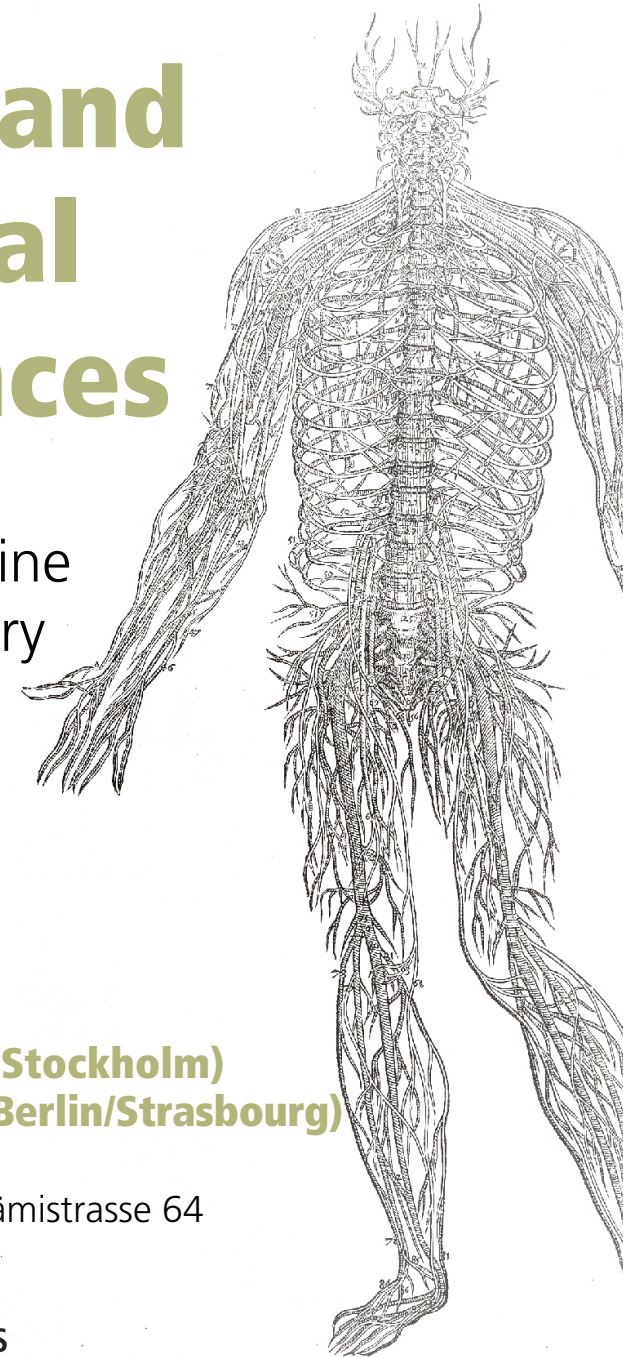


Location

University of Zurich
Forschungsstelle Sozial- und
Wirtschaftsgeschichte (FSW)
Seminar room
Rämistrasse 64
8001 Zurich

Sensory and Emotional Experiences

Practices of
Mind-Body Medicine
in the 20th Century



Workshop with
Prof. Staffan Bergwik (Stockholm)
PD Dr. Anja Laukötter (Berlin/Strasbourg)

March 30-31, 2020

University of Zurich, FSW, Rämistrasse 64



Universität
Zürich

ETH

Eidgenössische Technische Hochschule Zürich
Swiss Federal Institute of Technology Zurich



ZENTRUM
GESCHICHTE DES WISSENS

Sensory and Emotional Experiences

Practices of Mind-Body Medicine in the 20th Century

In our contemporary world where complaints about mind-body-related health issues such as burnout, fatigue syndrome, and stress are ever increasing, the idea that we all consist of minds and bodies is omnipresent. Although this idea has existed since antiquity and beyond, we argue that the period from the late nineteenth to the late twentieth century exhibits decisive shifts in the ways sensory and emotional experiences in the context of mind-body medicine were conceptualized. In our workshop, we examine such concepts looking at scientific and therapeutic practices which allow us to analyze both the scientific concepts and the actual application of mind-body knowledge. We ask how the emotions became a researchable and therapeutic entity, how emotional and gendered bodies were practically constructed, and how Western conceptions of mind-body medicine met and were merged with Eastern conceptions of the emotional body.

Organized by the Doctoral Program of the
Center »History of Knowledge«.

Please register by March 15, 2020 via email to:
zgw-dp@ethz.ch

Monday, March 30, 2020

15:00-15:15	Introduction
15:15-16:15	Sarah Scheidmantel (University of Zurich): Does a healthy body make the perfect woman? Bodily vibration techniques and their influence on the mind around 1900
16:15-16:30	Coffee break
16:30-17:30	Leander Diener (University of Zurich): How the body influences the mind: upside down psychosomatics, 1920–1950
17:30-18:15	Dinner break
18:15-20:00	Anja Laukötter (MPI Human Development, Berlin/ University of Strasbourg): Love with or without fear? Emotions, experiences, and body politics in East and West Germany

Tuesday, March 31, 2020

9:30-10:30	Staffan Bergwik (University of Stockholm): Elevation and emotion: Swedish geographer Sven Hedin's expedition in Tibet and visions of the global
10:30-10:45	Coffee break
10:45-11:45	Josephine Selander (ETH Zurich): Remaking emotions: transcultural sensory- controlling practices in fiction- and self-help books 1920–1990
11:45-12:15	Final discussion